

Centre MDC

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PARENT EDUCATION/SUPPORT FOR THE CHALLENGING, HIGHLY EMOTIONAL AND OFTEN EXPLOSIVE CHILD

This program will introduce topics such as individual temperament, emotional regulation and different therapeutic intervention approaches for parents/children/families. Amongst the readings, videos and discussions we will review the book “The Explosive Child” by Dr. Ross Green and “Parenting a Child who Has Intense Emotions” by Pat Harvey.

TOPICS INCLUDE:

Intro to the program. Discuss temperament, executive function, and emotional regulation.
Understanding and assessing executive function skills. Discuss interventions for executive dysfunction and emotional dysregulation.
How to understand your child(ren), their behaviours are speaking to you
Ross Green’s approach (CPS), Pat Harvey’s approach (DBT), and Harriet Greenstone’s approach (CRT)
Putting it all together – how to select and combine approaches. How to collaborate with others, teachers etc. to help your child (ren)



To register, please call 514-683-8791 or email: info@centremdc.com

Fee: \$500.00 + \$50.00 registration
With additional services: \$700.00 + \$50.00 registration